Kaminti
Regimen contra
Peſtilentiam.
Köln.

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DA BOX
BIBLIOTHECA REGIA HAFNIENSIS
Hain 9755 Victor Madsen 3458

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Regimen cõtra peſtilen
tiam ſiue Epidimiam Reuerendiſſimi domini Ka
minti Epiſcopi Aruſienſis Ciuitatis regni dacie
artis medicine expertiſſimi profeſſoris.

Regimen ſanitatis per circulum anni valde vtile

Hain *9755. Voullième 711.

[Köln, Cornelius v. Zyrickzee]

19.05 h. 3404

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¶ Ad honoꝛem ſancte ⁊ indiuidue trinitatꝭ glorioſeqꝫ ꝟginis
Marie ⁊ ad vtilitatem reipublice ꝓ ꝯfirmatione ſanoꝝ ac refoꝛ-
matione lapſoꝝ. volo aliq̄ de peſtilentia q̄ nos frequētius inua-
dit ex dictis medicoꝝ magꝭ autēticoꝝ ſcribere Et. primo

De ſignis ꝓnoſticis eius.
Secūdo ꝺ̄ cauſis eiuſdē:
Tertio de remedijs: (broꝛū
Quarto ꝺ̄ ꝯfoꝛtamibꝰ coꝛꝺ̄ ⁊ pꝛīcipaliū mē-
Quinto ⁊ vltimo de fleubothomia:

Igna peſtilētie pꝛonoſtica ſeptem ad pꝛeſens aſſig-
nantur Primū eſt qn̄ in vno die eſtiuali aura ſepe
mutatur: vt ꝺ̄ mane apꝑet pluuioſa deīn̄ nebuloſa:
deinde ventoſa et pꝛecipue a vento meridionali.
¶ Secundum ſignū eſt qn̄ ſepe tꝑe eſtiuali dies apꝑent tota-
liter obſcuri. et velle pluere et non pluit. et ſi illud diu durauerit
timendum eſt de magna peſtilentia ¶ Tertium ſignum eſt qn̄
ſunt multe muſce ſuꝑ terrā. ⁊ ē ſignū ꝙ aer venenoſus ē ⁊ īfectꝰ.
¶ Quartum eſt quando ſtelle ſepe videntur cadere et iterū fit
ꝙ aer ſit īfectus. et ꝙ multi vapoꝛes īfecti ſtꝫ ī aere ¶ Quintū
eſt quando cometa videt̄ volare . Et ſicut habetur ī methaurꝫ
Iſta ꝯtingunt quando cometa apꝑet ſcilicet interfectio homi-
num in bellis ⁊ c̄ vn̄ꝰ Moꝛs furit. urbs rapitur. ſeuit mare. ſol
operitur Regnū mu tat̄: plebs peſte fame cruciat̄ ¶ Sextū ē
quando multa fulgura ⁊ tonitrua fiunt. ⁊ p̄cipue venientia aꝑ-
te meridionali ¶ Septimum eſt. quando mlᷓte vētoſitates a
meridie ꝓcedunt Ille eīn̄ ſoꝛdeſcūt ⁊ imūde ſtꝫ. qn̄ igit̄ iſta ſig-
na apparent timēdū ē de magna peſtilētia niſi ꝺ̄s ipaꝫ ſua pie-
tate vellet amouere.

De cauſis peſtilentie ſiue epidimie

Auſa peſtilentie eſt triplex. qn̄qꝫ eīn̄ venit a radice īferioꝛi
aliquando a radice ſuꝑioꝛi. ita ꝙ ſenſualiter apꝑet nobis.
mutatio aerꝫ Et qn̄doqꝫ venit ab utroqꝫ ſcꝫ a radice ſuꝑioꝛi et
inferioꝛi ſimul A radice q̄dem inferioꝛi ut nos videmꝰ ex latna
ꝓpe camerā vel ex aliq̄ re ꝑticulari coꝛrūpi aerē ī ſubn̄a ⁊ q̄litate.
Et eſt ꝑticularꝫ et p̄t accidere omī die Indie eciā ꝓcedit febꝛis
peſtilētialis circa quā multi medici decepti ſtꝫ talē febꝛē eē peſti

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lẽtialem non credentes Quandoqꝫ etꝫ venit a cadaueribus mor
tuoꝝ vl' ex corruptiõe ſtagnoꝝ ⁊ freqñt ↄtingit in locis corrup-
tis. ⁊ iſta qñqꝫ eſt vl'is. qñqꝫ ꝑticularis A radice ꝟo ſuꝑiori acci-
dit ꝟtute corꝑm celeſtiũ ex qͥb⁹ ſpũs vital' corrũpit in aĩali et de
illa dꝫ auicẽna li. iiij Ex forma celi corꝑa valde ĩficiũt q: ĩpreſſio
celeſtis corrũpit aerẽ ⁊ ſic ſpũs corrũpit in hoĩe. A radice ꝟo
ſuꝑiori et ĩferiori ſil' ꝓuenit qñ ex ĩpreſſiõe celeſti corrũpẽte aerẽ
et putrefactiõe cadaueꝝ vel locoꝝ cãtur morbus in hoĩe. et tal'
morb⁹ qñqꝫ ẽ febrꝫ qñqꝫ apoſtẽa ⁊ h̃ vt ĩ plib⁹ Aer eñ ĩſpiratus
aliqñ venẽoſus ẽ ⁊ corrupt⁹ ledẽs cor. ita vt nãa m'tiplr aggua
tur. imo intãtum ꝙ nõ ꝑcipit ſuã leſionẽ Nã appent vrine bone
et bone digeſtiões ⁊ tñ patiẽs tẽdit ad mortẽ Vñ m'ti medici:
in paciẽtib⁹ vrinã attẽdentes ſuꝑficialit loquũt et decipiuntur:
Neccẽ eſt igit ꝙ qͥlibꝫ patiẽs ꝓuideat ſibi dꝫ medico ꝓuido ⁊ exꝑ
to Ex iſtꝫ vident dcã dꝫ cauſ peſtilẽtie Sꝫ ẽca h̃ mouẽt due qſti
ones Pria q̃re vn⁹ morit alt nõ. et ĩ illa villa moriũt hoĩes. ⁊ ĩ
illa domo ⁊ in alia nõ Scda an tales morbi peſtilentiales ſint
ↄtagioſi Ad primũ dico ꝙ h̃ ꝑt ↄtigẽ ex duob⁹ ſcꝫ ex ꝑte agẽtꝫ
et ex ꝑte patientꝫ Ex ꝑte qͥdem agentis q: illa influentia ſuꝑcele
ſtis directi⁹ ĩfluit illũ et illũ q̃ꝫ illum et illũ locũ Sed ex ꝑte pa-
tientis q: ille eſt magꝫ diſpoſitus ad mortem quam alt Unde-
nota ꝙ corꝑa magꝫ diſpoſita ſtꝫ corꝑa calida latoꝝ pororum
corꝑa infecta. ⁊ hñtia poros opilatos m'tꝫ hũorib⁹ Vñ corꝑa.
qͥbus fit magna reſolutio. ſicᷓ ſũt hoĩes abutentes coitu vel frui-
entes balneis. hoĩes qͥ caleſiũt magno labore vl' magna ira hñt
corpora magis diſpoſita ad morbum peſtilenticum Ad ſecun
dum dico ꝙ tales morbi peſtilentiales ſunt contagioſi quia a
corporibus effluunt infecti humores et fumi venenoſi aerem cor
ru[illegible]entes. et ideo fugiendum eſt ab infectis ymmo tempore
pe[illegible]tiali nemo debet ſtare in cumulo populorum quia ali-
[illegible] poterit eſſe infectus. Ratione cuius prudentes
medici viſitando inf[illegible]os ſtant longe a patientibus tenentes
faciem verſus [illegible] Sic etiam ſtare debent infirmorum
ſeruitores Unde [illegible] bonum eſt per dies mutare camerã
et frequentetis [illegible]eneſtras verſus boream vel verſus oriẽ
tem [illegible] Feneſtre vero ꝟſus meridiem teneãtur ſemꝑ clauſe

Uent⁹ em̄ meridional' hꝫ in ſe duas cā̄s putrefactiōīs Pⁱa eſt ꝙ debilitat corꝑa tā ſanoꝝ ꝗꝫ infirmoꝝ Scđa ē qꝛ ſicut pꝫ iiij. amphoriſmoꝝ Auſter vētus iuflat⁹ ḡuat auditū ꝛ ledit cor. qꝛ aꝑit poros corpis et intrat vſqꝫ ad cor Quare bonū ē ſano tꝑe peſtis qn̄ flat vētus meridional' manere in domo ꝑ totū diem Si aūt neceſſe fuerit vt exire debeat maneat in domo vſqꝫ ad eleuationem ſo lis ſuper oriſontem noſtrum.

De remedijs peſtilentie

Jſis cauſ peſtilētie dicendū eſt q̄lit̄ q̄s ſe debeat a peſtilētia preſeruare Pro quo notādū eſt iuxta dictū ſummi medici ꝑ dauid dicentē ꝙ homo pⁱo ſe debeat diuertere a malo ad bonum ꝛ hūiliter pctā ſua confiteri. q̄re ſummū remediū eſt tꝑe peſtilentie pn̄ia et confeſſio ceterꝫ medicamentꝫ ꝑferant̄. ꝑmitto tn̄ ſumme ꝙ bonū r̄mediū eſt fugere ꝛ locū infectū mutare Sed qꝛ mlt̄i ꝯmodoſe locū mutare nō pn̄t. ideo ꝗꝫtū poſſibl'e fuerit. ab eis om̄is cauſa putredis euitet̄ et ex ꝯn̄ti oīs coitus eciā ꝑcipue cauēdus ē vētus meridional' qꝛ nāliter īficit Claudant̄ ergo feneſtre (vt dcm̄ eſt) ꝟſus meridieꝫ vſqꝫ ad horā primā. aperiant̄ ꝟſus ſeptentrionem Eadē de cauſa om̄is fetor eſt euitādus vtputa ſtabuloꝝ. cāpoꝝ. plateaꝝ. ꝛ ꝑcipue infectoꝝ cadaueꝝ putrefactoꝝ. et marie fetor aq̄ꝝ nā in aliq̄bus domib⁹ ꝯſuat̄ aqua ꝑ duos dies vel noctes. vl' ſtꝫ trāſitus ſubterranei aquaꝝ in quibus ſeruāt̄ aq̄. piecte q̄ etiā magnū cauſāt fetorē Ex iſta cā etiā ꝯtigit ꝙ aliqui moriunt̄ in illa domo vbi talia ꝯtigūt et in alia nō vt dcm̄ eſt Silr̄ in illo loco vbi effundūtur olera putrida qꝛ olera putrefacta faciūt nociuum fetorem Un̄ ſicut ꝑ odorē aromaticū cor ꝛ ſpūs recreant̄. ita ex nociuo debilitant̄ Quare ſeruanda eſt domus ne aer īfectus ſubintret Aer em̄ infectus hūidus ē et putrefactiōeꝫ in domo vel ī loco dormitiōīs naturaliter cauſat Subtiliet̄ igit̄ domus ꝑ claraꝫ flāmā et fiat ignis clar⁹ de lignis Fiat etiā cū fumigatōe herbarū infra ſcriptaꝝ vibelicꝫ baccelauri. iunipi. vberi organi. et haberur in appotecꝫ. abſinthij. yſopi rute ar[illegible] atqꝫ ligni aloes qđ melius valerꝫ. ſꝫ ꝑ ꝑuo precio ꝯp[illegible]ꝑt. ꝛ tal' fumus īſpiret̄ ꝑ os et nares qꝛ ſic iteriora ratifi[illegible]ē de cauſa vitet̄ om̄is repletio. quia corꝑa plena malis h[illegible]oribus īficiūt̄ facili⁹

Vñ dicit Auicēna quarto canõis ꝙ illi q̄ repletionē ſꝑ curant
periodū ⁊ finē vite ſue abbreuiāt. Itē eadē de cauſa balneū cõe
euitet̄. q̄r modicū fermentū totā maſſam corrūpit. Vñ finaliter
oīs multitudo vl' cõitas euitet̄ inq̄ntū poſſibile ſit ne ab anhelitu
infecto aliq̄s inficiat̄ Sʒ qñ fieri nõ p̄t vt cõitas euitet̄ tūc vtat̄
remedijs infra ſcriptis De mãe qñ aliq̄s ſurgit mox paꝝ come
dat de ruta lota in aq̄ mūda ⁊ ſale aſpſa cū nuce gallica vna vl'
duabꝰ bñ mundatis. Si aūt illud hr̄e non p̄t tūc comedat pa
nē vl' tortā intictā aceto ⁊ hoc maxīe tp̄e turbido vl' nebuloſo. In
tp̄e etiā peſtilētie meliꝰ infra domū māere videt̄ q̄ȝ exire. nec eſt
ſanū ire ꝑ villā vl' ciuitatē Domꝰ etiā aſꝑget̄ ⁊ ſpēaliter in eſtate
cū aceto ⁊ roſis ⁊ folijs vitis imo bonū eſt in die freq̄nt̄ lauare
manꝰ cū aqua ⁊ aceto ⁊ poſtea faciē tergere ⁊ odorare ad manꝰ
Bonū eſt igit̄ tā in eſtate q̄ȝ in hyeme acetoſa odorare In mõ
te āt peſſulano cõitatē vitare nõ potui q̄r trāſiui d̄ domo ad do
mū curādo infirmos cā pauꝑtatis mee Vñ ſpongiā vel panem
intinctā aceto mecū portaui tenēs ad os ⁊ naſuʒ q̄r oīa acetoſa
opilāt meatū hūoꝝ nec faciūt venēoſa itrare. ſic talē euaſi peſti
lentiam ſocijs meis non credentibus me vitā retinere potuiſſe.
Omnia aūt iſta remedia per meipm̄ probaui

¶ De confortaminibꝰ cordis ⁊ alioꝝ membrorum

Cordis ↄfortamina hec ſunt crocꝰ. caſſia fiſtl'. plantago
cū ceterꝭ herbis q̄ ratificāt ſpm̄ interiorē. Hec em̄ pre
cipue valēt in vulgari cõitate vbi faciliter ↄtigit ꝙ vnꝰ
inficiat̄ ab alio. idō ſūme caueat̄ ne anhelitꝰ inſpiretur ab aliquo
Oculi etiaʒ ab aere infecto obſcurāt̄ ſi hō nõ portauerit p̄dicta
in manu. Valde etenim ſanū eſt ꝙ lauent̄ os oculi ⁊ manꝰ ſepiꝰ
in die cū aq̄ roſacea aceto mixto Si āt p̄dicta hr̄e nõ p̄t tūc fa
ciat cū aceto ⁊ ſic iſtis ſeruatis ſecure cõitatē intrabis Habetur
etiā ꝓ magno remedio laxatio vētrꝭ. Si aūt naturalr̄ fieri non
p̄t laxatio vētris ꝓuocet̄ artificialr̄ ꝑ ſuppoſitoriū. ad qđ bñ va
lent pillule peſtilētiales q̄ hn̄t in apoteca In domo etiaʒ ſemꝑ
teneatur ignis q̄r multū īpedit impſſionē celeſtē ⁊ clarificat aerē
De cibo aūt ſpecialr̄ dico ꝙ tyriaca ſumme vtilis eſt tā ſanis q̄ȝ
infectis Sumat̄ igit̄ bis in die cū vino claro lymphatico vl' cū
aq̄ clara roſacea aut cū ceruiſia clara nec ſumat̄ de tyriaca niſi

Cibi quer deſtruientes

ad quātitatez vnius piſi. de vino vero aqua vł ceruiſia ad q̄n
ſitatē duoꝝ cocleariū. tiriaca in vaſe penit⁹ diſſoluat̄ differatur
eīm prādium vſqꝫ ad mediū diem vt tiriaca in corpe ſuā exerce
at opationē Bonū inſup ferculū cū vino puro ſepe in die ſumē
dū eſt nō mixtū ſimł qꝛ nimia ſupabūdātia putrefactōez hūo
rū iducit Caueāt̄ in cibis oia calefactia vt ſtꝫ pip ꝛ alliū. licꝫ eīm
pip cerebꝝ a flegmate purgat ꝛ ſpūalia mēbra a viciosꝭ hūori
b⁹ qꝛ tn̄ nimis calefacit ꝛ calefctō putreſcōez iducit pl⁹ videt̄ ſo
la amaritudo q̄ꝫ calor odor ꝛ ſapor i ipo placuiſſe. alliū etꝫ licꝫ
a flegmate purget ꝛ malos hūores eijcit ꝛ ꝓuocat a ꝓpeditū cō
medēdi ꝛ aere ſiccū itrare nō ꝑmittit ꝛ qꝛ ocłos ꝑturbat ꝛ caput
vniuſcuiuſqꝫ ſepe cōedētꝫ calefcit iō nō videt̄ placuiſſe. Peſtilen
tia eīm ex calida cā ſepe augmētat̄. oīēs igit̄ cibi q̄nto faciliorꝫ
digeſtiōis ſtꝫ tāto meliores De mane ſumant̄ cibaria bullita de
nocte ꝙo aſſata. brodia ꝛ pulmēta vitent̄ niſi fuerit acetoſa Tpe
eīm peſtilētie ꝓualēt fercula acetoſa oīb⁹ medicinis Silr̄ euita
ri deberꝫ oīs fruct⁹ niſi ſint acetoſi vt ſtꝫ ceraſa malagranata aut
modicū d̄ piro vł pomo loco medicie. Nā oīs fruct⁹ putrefac
tiōez inducit Spēs cōiter ꝯuenientes ſtꝫ zinzib cinamomū ci
minū flores muſcataꝝ ꝛ croc⁹ cū hijs eīm optia ſalſa ꝓ diuitib⁹
ꝓcurat̄ Si ſtꝫ paupes r̄cipiāt rutā ſaluiā nuces gallicas petroci
linū ꝛ cū aceto miſceāt ſił ꝛ eſt bōa ſalſa Si aūt medio cres ſtꝫ
r̄cipere dn̄t ciminū ꝛ crocū ꝛ miſcere ſił cū aceto tał ſalſa valet ꝛ
oēz putreſctōez ꝓhibꝫ Etiaꝫ iocūditas cordis magnū r̄mediū
ſanitatis eſt in corpe Quare cauēdū eſt tpe peſtilētie ne q̄s me
te timeat ſꝫ ſine tīore ꝛ ſollicitudīe peſtilentiał morbi vł periculi
cuiuſcūqꝫ lete viuendo et diu viuere ſperet. De fleubothomia
Fleubothomia ſeł in menſe fieri pt niſi etas vel aliqd̄ hmōi
ꝓhibeat vt appet in pregnātib⁹ vel in aliquo debili vel in
patiētib⁹ fluxum ventris Fiat aūt fleubothomia ī baſilica dex
tra vel ſiniſtra añ comeſtionez poſt inciſionez ꝙo b[illegible]
eſſe gaudioſū ꝛ bibere bonū vinū vł bonā ceruiſiāz [illegible]
nec ē ꝯueniēs dormire illo die ī qua baſilica eſt iciſa [illegible]
a poſtea te ſe gūatū ſenſerit vel iā eē infectū [illegible]
ambulādo qꝛ in ſōno calor intrinſece vene[illegible]
ad alia mēbra ſpūalia ita q̄ vix aliq̄ herba pt [illegible]

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Signa hoīs infecti:
De Minutione

priſtinū ꝛuocare qḋ tñ nō fieret ſi hō eſſʒ ī motu Sʒ diceret qˢ
ex quo ſomnꝰ dʒ vitari qḋ ſi hẑet ſomnū naturalē Ad hoc dic
breuiter ꝙ in tpe peſtilētiali ſtatī pꝰ comeſtiōem ſi qˢ hẑet libidi
nē dormiēdi tūc tal' libido dʒ ꝛuocari per ſpaciū in ortul' vl' i cā
pis ⁊ ſic ſomnꝰ naturalr̄ p̄t fieri ꝑ vnā horā pꝰ cōeſtionē· Dicit
igitᷣ auicēna ꝙ ſi hō vellet dormire debʒ bibere bonū hauſtū an̄
dormitōeʒ qꝛ hō in ſomno extꝰs attrahit mlᷓtos hūores et iſti
mali hūores depellūtur ꝑ hūorē boni hauſti Sed dicerʒ quis
quō debʒ ſentire hō qn̄ eſt infectꝰ. ad hᵒ reſpondeo ꝙ hō q̄ īfectꝰ
eſt tali die nō mlᷓtū comedit qꝛ eſt ꝛ̄pletꝰ mal' hūoribus ⁊ ſtatī pꝰ
prādiū hʒ libidīeʒ dormiēdi ⁊ magnā calefctōeʒ ſub frigore ſen
tit hʒ etiā magnū dolorē in anteriori ꝑte capitꝫ ſʒ oīa iſta debʒ re
uocare ꝑ ſpaciū modicū hic inde Equitare aūt l' ābulare nō p̄t
ꝓpᷓ nimiā pigriciā corꝑis ⁊ pōderoſitatē nā homo īfectꝰ oī hora
libidīeʒ hʒ dormiēdi qꝛ venenū itrīſecū ꝑᷓbat ſpm̄ vitalē ſic ꝙ
ſꝑ tēdit ad reqᷓeʒ Ex iſtꝫ ſignis homo ſentit ſe īfcm̄ Si qˢ āt cre
dere nollet expectet per mediū diē ⁊ ſtatī ſentiet apoſtema ſub
brachijs l' circa pudibūda vl' circa aures Eſt āt ſūmū remediū
ſi qˢ ſenſerit oīa p̄dcā tpe peſtilētie vt ſomnū vitʒ qꝛ ſic ex p̄dcis
pʒ ꝙ ī ſomno ſpūs vital' q̄eſcit. venenū āt ſꝑgitᷣ ꝑ mēbra hic inde
hec oīa ꝑ meip̄m ꝓbaui Iſtꝫ āt ſic ſtā tibꝰ qn̄ homo ſenſerit ſe eē
īfectū q̄ʒ citiꝰ fieri p̄t eodē die ſāguinē miuat abūde vſqʒ ad ſinco
pi. i. ad ꝟtiginē qꝛ ꝑ iſta miutio ſāguis venenū excitat. ſi āt homo
non vellet incidere pl'es venas ſimul ꝑmittat trāſire venā in ciſaʒ
vt priꝰ dcm̄ ē vſqʒ ad ꝛ̄tardationē ſāguīs qꝛ ꝑ iſta fluxio ſāguīs ve
nenū fortiꝰ excitat vt patuit Itē homo inciſus venis ſiue ſit infec
tus ſiue non ſꝑ vitet ſomnum ꝑ diē vſqʒ ad mediā noctē ⁊ ſemꝑ
in eadeʒ ꝑte corꝑis in q̄ apoſtēa apparuerit fiat inciſio vene Si
vero appᷓet apoſtema ſub brachio dextro fiat flebothomia in
medio eiuſdē brachij de mediana

¶ Si aūt ſub ſiniſtro fiat flebothomia in mediana eiuſdem
brachij vel in epatica .i. in vena circa paruum digitum ¶ Si cir
ca pudibunda fiat flebothomia in pede eiuſdem lateris circa
calcem ¶ Si autem apoſtema fuerit in collo tunc fiat flebo
thomia de cephalica circa pollicem in manu lateris eiuſdeʒ vl'
mediana eiuſdē brachij vl' in mān eiūſdē lateris ꝯ̄ca digitū minorē

Si āt appuerit circa aurē fiat fleubothoīa de cephalica eiuſdē
lateris vel de vena q̇ eſt iter indicē ⁊ pollicē ne m̄lta venenoſa i
uadant cerebrum. vel de vena que eſt circa minorē digituʒ vel
circa articulum q̄ a multis medicis dr̄ baſilica. ſi apparuerit in
ſcapulis minue cū vētoſis ⁊ primo minue medianā. ſi in dorſo
minue ſupra pedicā magnā Et hec oīa fiant ſi hō non dormie-
rit an̄ cognitionem apoſtematis. ſi āt talia apoſtēata ſenſerit pꝰ
dormitionem tūc debꝫ fieri minutio in p̄te crucifixa vt ſi apoſte
ma apparuerit in brachio dextro fiat fleubothomia de brachio
ſiniſtro de epate vel baſilica vel de mediana Et ſi apparuerit a-
poſtēa ſub brachio dextro fiat qḋ dctm̄ eſt de brachio ſiniſtro
⁊ ſic de aliꝭs locꝭ in quibꝰ appuerit apoſtēa· ita ꝗ ſp̄ fiat oppoſi
to modo Minutus ꝟo ſi ſit valde debil' tūc poteſt fieri dormi
tio pꝰ mediuʒ diem ⁊ ſp̄ infra mediuʒ diem debet eſſe in ꝯtinuo
motu eq̇tando vel tranſeūdo moderate Et ſi poſtea creuerit a-
poſtēa non timet q: tale apoſtema eſt malū expellens ⁊ reddit
homīeʒ valde ſanū Ut āt citꝰ ⁊ facilꝰ apoſtema matureſcat ⁊
rūpatur dʒ fieri medicamentuʒ tali modo Tere folia ſambuci
⁊ adde ſinapū tritū ⁊ fac emplaſtruʒ deiñ ſuppone apoſtemati
aliq̇ ꝟo cirurgici volūt ꝗ addat̄ tiriaca ſʒ ſūme ſuadeo ꝗ nō fiat
nā ipa tyriaca veneuʒ expellit. melꝰ ꝟo videt̄ ſi aliq̇s hʒet apo
ſtema ꝗ bibat tyriacā ⁊ ſic expellat venenuʒ. Itē aliud r̄mediū
accipe barbā iouis ſerpilluʒ gallice ſeruefil plātaginē ⁊ modi-
cum de ſiligine ⁊ tere hec oīa inſimul donec videt aq̄m iñ exire
de iñ miſce illā aquā cum lacte mulieris ⁊ da illi bibere q̇ apoſt
ma habuerit ⁊ h̄ fieri d: ieiuno ſtomacho q: ⁊ comelꝰ opatur in
homine Itē cum p̄io apoſtēa appuerit r̄cipiet auellanas, ficus
rutā ⁊ ꝯtundat ſimul de iñ ſupponat ¶ Et hec ad pn̄s dicta
de peſtilentia ſufficiant. ſi q̇s autem ſc̄m moduʒ p̄dctm̄ ſe rexe-
rit huiꝰ morbi ꝯtagioſi picula bn̄ euadet p̄ſtāte dn̄o noſtro ieſu
xp̄o ſine q̇ nihil fieri p̄t q̇ eſt oīpotens ⁊ glōſus ⁊ laudabil' ⁊ bn̄
dictꝰ cum intemerata ꝟgine Maria matre ſua in ſecula ſeculoꝝ.

A M E N

Tractatus ꝺ regimine peſtilētie dn̄i kaminti [illegible] ciuita
tis regni dacie artis medicine expertiſſimum [illegible] finem hʒ.

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Incipit regimen ſanitatis ꝑ circulum anni valde vtile.

Januarius	In iano claris calidiſqꝫ cibis potiaris Atqꝫ decens potus poſt fercula ſit tibi notꝰ Ledit em̄ medo tūc potatus bene credo Balnea tutius intres. et venā findere cures
Aquarius	Aquarius. calidus. et humidus. bonum Vngere crura caue cū luna videbit aquoſum Inſere tunc plantas. excelſas erige turres Et ſi carpis iter tunc tardius ad loca tranſis
Februarius	Naſcit᷑ oculta febris februario multa Potibus et eſcis. ſi caute viuere velis Tunc caue frigora. de pollice funde cruorem Suge mellis fauū. pectus qui morbe curabit
Piſcis	Piſcis frigidus et humidus indifferens Piſcis habens lunam noli curare podagram Carpe viam tutus ſit potio modo ſalubris
Martius	Martius humores gignit varioſqꝫ dolores Sume cibum pure cocturas ſi placet vꝛe. Balnea ſunt ſana ſed que ſupflua vana Vena nec abdenda: nec potio ſit tribuenda
Aries	Aries calidus eſt et ſiccus bonum Nil capiti noceas aries cum luna refulget De vena minuas et balnea tutius intres. Non tangas aures nec barbam radere cures
Aprilis	Hic probat in vere vires aprilis habere: Cuncta renaſcunt᷑ vires tunc apperiuntur In quo ſculpeſcit corpꝰ. ſaguis quoqꝫ creſcit Ergo ſoluatur venter ⁊ cruor et minuatur
Taurus	Taurus frigidus et ſiccus malum Arbor plantetur cū luna taurus habetur Non minuas tn̄ edifices: nec ſemina ſparges Et medicus caueat cum ferro tāgere collum

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	Maio ſecure laxari ſit tibi cure
Mains	Scindatnr vena ſed balnea dant̃ amena
	Cum calidis rebus ſint fercula ſeu ſpeciebus
	Potibus aſtricta ſit ſaluia cum benedicta.
	Gemini calidum et humidum malum
Gemini	Brachia non minuas cū luſtrat lūa gemellos
	Unguibus et manibus cū ferro cura negetur
	Nunqꝫ portabis a ꝓmiſſione petitum
	In iunio gentes perturbat medo bibentes
Junius	Atqꝫ nouellarū fuge potus ceruiſiarū
	Ne noceat colera valet hec refectio vera
	Lactuce frondes ede. ieiuno bibeqꝫ fontes
	Cancer frigidus et humidus indifferenter
Cancer	Pectus pulmo iecur ī cancro non minuātur
	Somnia falſa vides vtilis ſit emptio rerum
	Potio ſumatur ſecurus perge viator,
	Qui vult ſolamen Julius ꝓbat h̄ medicamen
Julius	Venā non ſcindat nec ventrē potio ledat
	Sōnum cōpeſcat ⁊ balnea cuncta paueſcat
	Prodeſt vnda recens. alliū cū ſaluia munda
	Leo calidum et ſiccum malum:
Leo	Cor grauat ⁊ ſtomachū cū cernit lūa leonem:
	Non facias veſtes nec ad ꝯuiuia vades
	Et nil ore vomas. nec tūc capias medicinam
	Quiſqꝫ ſub auguſto viuat medicamine iuſto
Auguſtus	Raro dormitet eſtū coitum quoqꝫ vitet
	Nemo laxari debet vel fleubothomari
	Balnea nō curet nec multa comeſtio duret.
	Virgo frigidum et ſiccum indifferens
	Lunam virgo tenens vxorem ducere noli
Virgo	Viſcera cū coſtis caueas tractare cruorem
	Semen detur agro dubites intrare carinā

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Fructus maturi ſeptēbri ſunt ualituri

September. Et pira cū vino. panis cū lacte caprino.
Aqua de vrtica tibi potio fertur amica.
Tūc venā pandas. ſpecies cū ſemīe mandas.

Libra calidum et humidum bonum:

Libra Libram luna tenens nemo genitalia tangat
Aut renes nates. nec iter. carpere debet
Extremam partem libre cum luna tenebit.

October vina prebet cum carne ferina:

October: Nec non aucina caro valet et volucrina
Quamuis ſunt ſana tamen eſt repletio vana.
Quantum vis comede ſed non ꝑcordia lede.

Scorpio frigidum ⁊ humidum indifferens

Scorpio: Scorpius augmentat morbos ī ꝑte pudēda
Vulnera non cures caueas aſcēdere naues.
Et ſi carpis iter timeas d̄ morte ruinam:

Scire tibi datur h̄ ꝙ reuma nouēbre curat

Nouember: Queqꝫ nociua vita tua ſint precioſa qꝫ dicta:
Balnea cum venere tūc conſtat nulla valere:
Potio ſit ſana ſit atqꝫ minutio bona:

Sagitarius calidum et ſiccum bonum.

Sagitari⁹ Luna nocet femorꝫ ꝑ ꝑtes mota ſagitte
Vngues vel crines poteris preſcindere tute
De vena minues et balnea citius intres

Sane ſunt membris calide res mēſe decēbꝛ

Deceber Frigus vitetur capitalis vena ledetur:
Lotio ſit rara. bachi potatio cara
Sit tepid⁹ potus frigori contrarie totus.

Capricornus frigidum ⁊ ſiccum malum

Capricornus Capra nocet genib⁹ ipſā cū luna tenebit:
Intrat aquam nauta citius curabitur eger
Fundamēta ruunt modicū tūc durat idipſuʒ

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